CLAIMS:

1. A system for breast lifting, wherein one or more anchors are fixed to a posture tissue, above a desired nipple level, with one or more suspending members suspended from the one or more anchors and extending through the breast for cradling the breast from below.

2. A system according to claim 1, wherein the suspension member comprises a cradling portion for cradling the breast from below, said cradling portion being integral with or articulated to the suspension member, and having a greater width then the suspension member.

3. A system according to claim 2, wherein the cradling portion is a mesh-like portion.

4. A system according to claim 1, wherein the anchor is a bolt fixture or a threaded fixture fixed to a rib or a collar bone.

5. A system according to claim 4, wherein the anchor is a self tapping screw.

6. A system according to claim 1, wherein the anchor is a stitching to a muscle.

7. A system according to claim 1, wherein the anchor is a clasp for clasping a muscle.

8. A system according to claim 1, wherein the anchor is a suspending hook bearing or clinging from a rib.

9. A system according to claim 1, wherein the suspension member and the cradling portion are made of organic or inorganic material.

10. A system according to claim 9, wherein the suspension member and the cradling portion are made of tendons.

11. A system according to claim 9, wherein the suspension member and the cradling portion are made of Gortex™.

12. A system according to claim 1, wherein the breast is lifted by two suspension members.

13. A system according to claim 1, wherein the one or more anchors and the one or more suspension members are deployable in a non-operable procedure.

14. A system according to claim 13, wherein the one or more anchors and the one or more suspension members are deployable through stab-incisions formed at a bottom surface of the breast.

15. A system according to claim 1, being adjustable and removable at any time.

16. A system according to claim 1, wherein a single, continuous suspension member is yarned through the breast.

17. A system according to claim 17, wherein each end of the suspension member is attached to a corresponding anchor.

18. A system according to claim 17, wherein both ends of the suspension member are attached to a single anchor.

19. A system according to claim 1, wherein respective ends of a cradling portion are fixedly attached to respective ends of two separate suspension members.

20. A method for brest lifting, the method comprises the following steps:

a) forming two stab-incisions at a bottom face of the breast;

b) forming two longitudinal passages extending from said stab-incisions towards a posture tissue;

c) before or after step **(b)** forming a transverse passage through a bottom portion of the breast, extending between said stab-incisions;

d) threading a cradling member through the transverse passage;

e) introducing an anchor through each of the longitudinal passages, and attaching it to the posture tissue, with a suspension member attached to each anchor member;

f) articulating ends of the cradling member to corresponding ends of the suspension members;

g) tensioning the one or both of the cradling member and the suspension members, to thereby lift the breast; and

h) fixating the relative position of the cradling member and the suspension members.

21. A method according to claim 20, wherein after step **(h)** excessive ends of the suspension members and of the cradling member are trimmed.

22. A method according to claim 20, wherein step **(g)** is carried out by a clamp, clampingly arresting the cradling member and respective ends of the suspension members.

23. A method according to claim 20, wherein step **(h)** is carried out while in an upright position.

24. A method for brest lifting, the method comprises the following steps:

a) forming two stab-incisions at a bottom face of the breast;

b) forming two longitudinal passages extending from said stab-incisions towards a posture tissue;

c) before or after step **(b)** forming a transverse passage through a bottom portion of the breast, extending between said stab-incisions;

d) introducing a first anchor through a first stab-incision and a corresponding longitudinal passages, and attaching it to the posture tissue, with a first end of a suspension member attached to the anchor member;

e) extracting the suspension member through the first stab-incision;

f) yarning a second end of the suspension member through the transverse passage, leaving a looped portion extending from the first stab-incision;

g) introducing a second anchor through the second stab-incision and the corresponding longitudinal passages, and attaching it to the posture tissue, with a the suspension member being slidably attached to the second anchor member;

h) tensioning the suspension member so as to lift the breast;

i) fixating the relative position of the suspension member.

25. A method according to claim 23, wherein step **(h)** is carried out while in an upright position.

26. A method according to claim 23, wherein after step (i) excessive end of the suspension member is trimmed.

27. A method according to any one of claims 20 and 23, wherein the anchor is according to any one of claims 4 to 7.

28. A method according to any one of claims 20 and 23, wherein the posture tissue is a chest bone or muscle.

29. A method according to any one of claims 20 and 23, wherein the suspension member comprises a cradling portion for cradling the breast from below, said cradling portion being integral with or articulated to the suspension member, and having a greater width then the suspension member.

30. A method according to any one of claims 20 and 23, wherein the cradling portion is a mesh-like portion.

31. A method according to any one of claims 20 and 23, wherein the suspension member and the cradling portion are made of organic or inorganic material.

32. A method according to any one of claims 20 and 23, wherein the suspension member and the cradling portion are made of tendons.

33. A method according to any one of claims 20 and 23, wherein the suspension member and the cradling portion are made of Gortex™.

34. A method according to any one of claims 20 and 23, wherein all the respective steps are repeated at adjacent locations within the breast, so as to support the breast by two cradling members.

35. A surgical tool for use in a brest-lift procedure, for tensioning and clamping cord-like cradling members and corresponding suspension members, said tool comprising a housing fitted at a fore end with a cord receiving opening for receiving two or more cords, a clamping mechanism for clampingly articulating the at least two cords, and a cord trimming mechanism for trimming the cords adjacent the clamp.

36. A surgical tool according to claim 35, wherein tensioning of the cradling member and the corresponding suspension member is facilitated by pulling their ends.

37. A surgical tool according to claim 35, wherein tensioning of the cradling member and the corresponding suspension member is facilitated by pulling a tensioning trigger which frictionally grasps the cradling member and the corresponding suspension member.

38. A surgical tool according to claim 35, wherein the cord trimming mechanism comprises a sheering member activated from a rear end of the tool.

39. A surgical tool according to claim 35, wherein the cord trimming mechanism comprises a sheering member activated by a trigger mechanism.

40. A surgical tool according to claim 35, wherein the clamping mechanism comprises a plug member and a locking member, whereby the cradling member and the corresponding suspension member pass through the locking member and clamping occurs by locking engagement of the plug member within the locking member.

41. A surgical tool according to claim 40, wherein one or both of the plug member and the locking member are serrated to improve locking engagement.

42. A surgical tool according to claim 40, wherein one of the locking member and the plug member is stationary retained within the tool and the other of said locking member and the plug member is axially displaced into locking engagement therewith, by means of an activating trigger.

43. A surgical tool according to claim 35, being a disposable tool.

44. A surgical tool for carrying out a breast-lift procedure according to any one of claims 20 to 34, said tool adapted for tensioning and clamping a cord-like cradling member and a corresponding suspension member; said tool comprising a housing fitted at a fore end with a cord receiving opening for receiving two or more cords, a clamp deploying mechanism for clampingly articulating the at least two cords, and a cord trimming mechanism for trimming the cords adjacent the clamp.

45. A kit for carrying out a breast-lift procedure, the kit comprising at least one set of suspension members, anchoring means for anchoring a suspension member to a posture tissue, and means for tensioning and fixating the suspension member.

46. A kit according to claim 45, further comprising one or more breast-cradling/padding members

47. A kit according to claim 45, further comprising one or more surgical tools to facilitate tensioning, clamping and trimming of a suspension member and a cradling member.

48. A kit according to claim 45, further comprising a tool for fixing an anchor to a posture tissue.